

**JAY FARRAR AND BENJAMIN GIBBARD JOIN FORCES FOR NEW ALBUM
INSPIRED BY JACK KEROUAC'S BIG SUR**

**ONE FAST MOVE OR I'M GONE: KEROUAC'S BIG SUR OUT OCT 20 ON F-
STOP/ATLANTIC**

One Fast Move or I'm Gone: Kerouac's Big Sur, a new album featuring 12 original songs composed and performed by Jay Farrar of Son Volt and Benjamin Gibbard of Death Cab for Cutie--with lyrics based on the prose of Jack Kerouac's landmark 1962 novel Big Sur--is set for an October 20 release on F-Stop/Atlantic Records along with a feature-length documentary of the same title in which both Gibbard and Farrar appear.

Gibbard and Farrar, having never previously met, discovered a mutual kinship in their passion for Kerouac's work while recording several songs for the documentary, produced by Kerouac Films.

After the initial San Francisco recording session in July 2007, they decided to develop the project further to create an album using Kerouac's own words from the book as the lyrics.

Big Sur is an evocative account of a time in Jack's life when he'd "come undone," both emotionally and spiritually. He escapes to a cabin in Big Sur to confront his inner demons and find a modicum of peace by the sea.

Gibbard stayed in the original cabin Kerouac wrote about, to compose songs for his band's 2008 Grammy-nominated album, Narrow Stairs. For many years, Jay Farrar's songwriting has been inspired and influenced by Kerouac's compositional style.

Jim Sampas, (Badlands, Kerouac--kicks joy darkness) is executive producer of the album. The documentary, One Fast Move or I'm Gone: Kerouac's Big Sur, is directed by Curt Worden and produced by Gloria Bailen and Jim Sampas of Kerouac Films. The film features appearances by writers, poets, actors and musicians including, Tom Waits, Patti Smith, Lawrence Ferlinghetti, and Sam Shepard. The album and film will be released on October 20, the day before the 40th anniversary of Kerouac's death, as a stand alone CD, a CD/DVD package, a limited edition boxed set packaged with the novel, a 40-page book on the documentary and the CD/DVD. The album will additionally be released on vinyl.

Full track listing here:

1. California Zephyr
2. Low Life Kingdom
3. Willamine

4. All In One
5. Breathe Our Iodine
6. These Roads Don't Move
7. Big Sur
8. One Fast Move Or I'm Gone
9. Final Horrors
10. Sea Engines
11. The Void
12. San Francisco

Kerouac Films:

http://www.kerouacfilms.com/onefastmove/kerouac_index.html

Shore Fire:

<http://shorefire.com/clients/onefastmove>

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